



INVITATION

Swiss Mermaiding Nationals

Dear mermaids and mermen,

We have the pleasure to invite you to participate in the next edition of the Swiss Mermaiding Nationals (previously known as Swiss Merlympics), which will take place from Saturday 12th to Sunday 13th of September 2026, at the Sport Resort in Fiesch.

This event, well recognised within the competitive mermaiding community, will bring together Swiss athletes for two days of competition, exchange and aquatic passion.

This national competition plays an essential role: it allows the winning schools to qualify for the official competition by the Official Mermaiding Championship. Other countries equally organise their own national competitions on these dates:

- Italy: 3rd of October 2026
- Slovenia: 17th of October 2026
- Germany: 24th of October 2026

The dates for the UK, France, the Netherlands and Poland will be announced soon. You can find all pertaining information at:
www.officialmermaidingchampionships.com

We would be honoured to have your school among this edition's participants to the Swiss Mermaiding Nationals, an event that highlights discipline, creativity and sporting spirit. This event offers athletes and mermaiding enthusiasts of all ages a unique opportunity to challenge themselves and showcase their talent in a professional and supportive environment.

For registration and further information, please contact the organising committee at:

swissmermaidingnationals@gmail.com

We look forward to your positive response and send you our most distinguished regards.

The Organising Committee of the Swiss Mermaiding Nationals

www.swissmermaidingnationals.com Sport Resort Fiesch – Switzerland

Information

Date and Time: from Friday 11th at 19h to Sunday 13th of September, at 15h

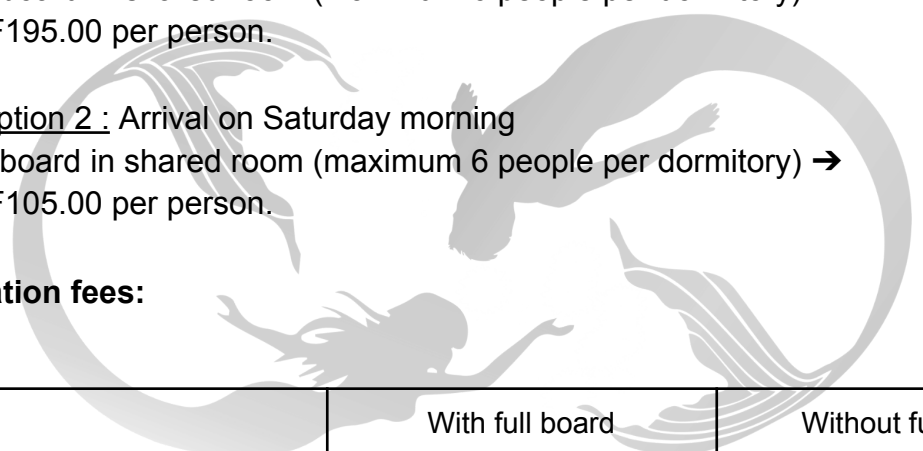
Place: Sport Resort Fiesch, Feriendorf 1, 3984 Fiesch (VS)

Accommodations:

The reservation of rooms at the Sport Resort Fiesch must be done directly through the organising committee.

- Option 1 : Arrival on Friday evening
Full board in shared room (maximum 6 people per dormitory) → CHF195.00 per person.
- Option 2 : Arrival on Saturday morning
Full board in shared room (maximum 6 people per dormitory) → CHF105.00 per person.

Registration fees:



	With full board	Without full board
Club/School - Children (8-10)	CHF 25.00	CHF 40.00
Club/School - Teens/Junior(11-16)	CHF 30.00	CHF 45.00
Club/School - Adults (16<)	CHF 35.00	CHF 50.00
Individual (16<)	CHF 45.00	CHF 60.00

FAQ:

From April onward, after the registration deadline of **March 31st**, we will organise an online meeting (via Zoom or similar) in a Q&A format to answer all your questions about the national and international competitions. The final competition program - including schedules, challenges and start orders - will be communicated one month before the event.

Registration procedures and deadlines:

Pre-registration must be completed online using the form sent to you with the initial email contact and must be submitted **before January 31st 2026**.

The registration will be considered final once full payment has been received, no later than **March 31st 2026**.

Documents required for registration:

- Completed registration form
- Signed and dated consent form for the use of images of minors or adults

Age categories, school groups and individual athletes

The competition is open to four age groups:

- Kids : 8–10 years old
- Teens : 11–13 years old
- Juniors : 14–16 years old
- Adults: 16 and over

Groups representing a school

Each school can register a group made up by a maximum of **6** athletes, all in mixed age categories.

Individual athletes

Individual registrations are reserved only to adults with a female and male classification.

Two participation options

“National” Option

Open to schools and individual participants wishing to compete within the framework of a national competition.

Challenges:

- Rescue: find a person underwater, bring them back to the surface and tow them (hand under the back of the head and hand on the forehead), with a part in dynamic diving before rescue;
- Ecology: collect as many objects as possible while diving, with the aid of a bag;
- Speed: swim a determined distance as fast as possible, at the surface;
- Figures: present 6 underwater figures in a given order;
- Modeling: two 5-second poses, while maintaining neutral buoyancy;

This option does not provide access to the selection for the Official Championship.

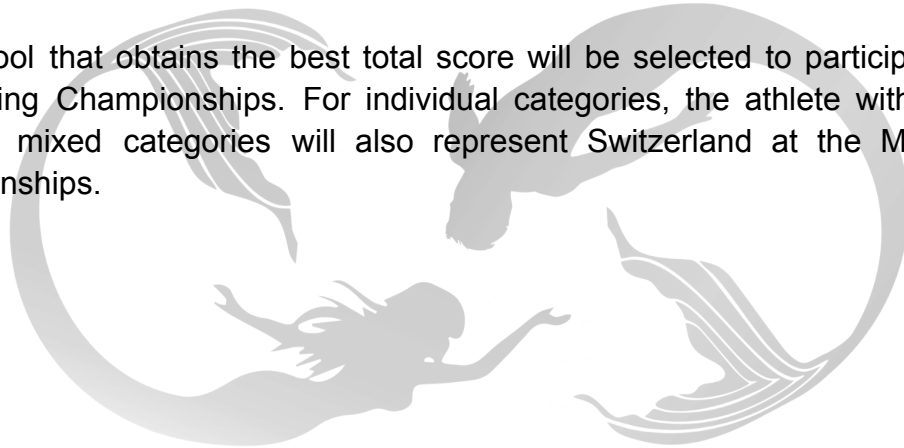
Option “Official Championship”

Intended for schools and participants wishing to represent Switzerland at the international competition organised by the Official Mermaiding Championships.

Official challenges:

- Rescue: find a person underwater, bring them back to the surface and tow them holding them under the armpits, with a part in dynamic diving before rescue;
- Rally: 25 m crawl swim, then remove one foot from the monofin; return on 25m distance in free style;
- Speed: swim a determined distance as fast as possible;
- Synchronised swimming: planned choreography including figures;
- Underwater Figures: present 6 underwater figures in a given order;
- Modeling: two 5-second poses, while maintaining neutral buoyancy;

The school that obtains the best total score will be selected to participate in the Mermaiding Championships. For individual categories, the athlete with the best result in mixed categories will also represent Switzerland at the Mermaiding Championships.



Swiss Mermaiding Nationals – Photo and Video Release

CONSENT FORM FOR THE USE OF IMAGES OF MINORS

As an association committed to promoting mermaiding as a recognized sport, we wish to share our athletic, social, and community activities across various media platforms. To do so, we would like to use photos and videos taken at official events and events licensed by Swiss Mermaiding Nationals, in which participants may be clearly identifiable.

For data protection reasons, this requires your written consent. Please read the following and sign where indicated.

We, the undersigned (names of all legal guardians):

_____, hereby give our consent to the creation and exclusive, context-related use of photos and videos of our child:

_____ (name of the minor) taken during the Swiss Mermaiding Nationals, to be used exclusively for the following purposes:

Publication on/in:

- Official website: www.swissmermaidingnationals.com
- Social media channels of the Official Mermaiding Championship / Swiss Mermaiding Nationals (e.g., Facebook, Instagram, etc.)
- Presentation pages of the official event photographers/videographers
- Press, newspapers, and magazines
- Championship recordings (DVD or download portal)
- Live-streams on Instagram and YouTube

We understand that no financial compensation will be provided for the use of these images. This consent is valid for an unlimited period and remains effective after the event has ended.

We acknowledge that Swiss Mermaiding Nationals is solely responsible for the content on its own websites. No liability claims can be made against Swiss Mermaiding Nationals regarding how its website is used, including the possible downloading and reuse of images by third parties.

Important:

Providing consent is required for participation in the competition. If consent is refused or withdrawn, your child will not be able to participate.

www.swissmermaidingnationals.com

swissmermaidingnationals@gmail.com

Swiss Mermaiding Nationals – Photo and Video Release

CONSENT FORM FOR THE USE OF IMAGES OF ADULTS

As an association committed to promoting mermaiding as a recognized sport, we wish to share our athletic, social, and community activities across various media platforms. To do so, we would like to use photos and videos taken at official events and events licensed by Swiss Mermaiding Nationals, in which participants may be clearly identifiable.

For data protection reasons, this requires your consent. Please read the following and sign where indicated.

I, the undersigned :

_____ hereby give our consent to the creation and exclusive, context-related use of photos and video recordings of myself:

_____ (your name), taken during the Swiss Mermaiding Nationals and events licensed by Swiss Mermaiding Nationals, for the following purposes:

Publication on/in:

- Official website: www.swissmermaidingnationals.com
- Social media channels of the Official Mermaiding Championship / Swiss Mermaiding Nationals (e.g., Facebook, Instagram, etc.)
- Presentation pages of the official event photographers/videographers
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Important:

Providing consent is required for participation in the competition. If consent is refused or withdrawn, you will not be able to participate.

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Ethical Chart

Ethical behavior in a sports competition is essential to maintain fairness, integrity, and respect for all participants. Violating these principles can result in penalties, disqualification, and damage to an athlete's reputation.

1. Respect for Officials

Referees, judges, and officials must be treated with respect at all times.
If you disagree with a decision, express it calmly and respectfully.

2. Fair Play

Do not intentionally harm or endanger others.
Treat opponents with respect, regardless of the result.
Never taunt, insult, or harass other participants.

3. Grace in Victory and Defeat

Celebrate wins with humility.
Accept losses with dignity and respect.

4. Responsibility and Honesty

Athletes must provide truthful information about their age, qualifications, and abilities.
Misrepresentation is unethical, potentially dangerous, and strictly prohibited.

5. Safety First

Always follow security guidelines and use appropriate equipment. Avoid reckless behaviour that may put yourself, the others and your equipment at risk. Always follow the instructions of your own coach or Swiss Mermaiding National referee, and always know and respect your own limits

6. Zero Tolerance: Sexual Harassment & Discrimination

Any form of sexual harassment, be it verbal or physical, and/or discrimination, be it racial, sexual or gender related, is unacceptable and will result in immediate disqualification and potential legal action. Participants to the competition must be able to always feel safe and respected, and coaches, parents and athletes alike are required to ensure appropriate behaviour

Support and Reporting

If you experience or witness harassment or discrimination, you may confidentially contact the head directors of the Swiss Mermaiding Nationals.

External resources will only be involved with your consent.

All reports will be handled promptly, fairly, and with respect for privacy.

No one should fear retaliation for speaking up.

